

SUSSEX
COUNTY LUNATIC ASYLUM
HAYWARDS HEATH.



TWENTY-FOURTH ANNUAL REPORTS
FOR 1882.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICE.
—
1883.

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COMMITTEE OF VISITORS AND OFFICERS.

1883.

EASTERN DIVISION.

- 1.*Campion, William Henry, Esq., Danny, Hurstpierpoint.
2. Esdaile, J. Kennedy, Esq., Saint Hill Place, East Grinstead.
3. Fitzhugh, General Henry Terrick, Streat Place, Hurstpierpoint.
4. Frewen, Edward, Esq., Brickwall, Northiam, Ashford.
- 5.*Heathcote, John Moyer, junr., Esq., Hove, Brighton.
- 6.*Hill, The Lord Arthur William, M.P., Wakehurst, Haywards Heath.
7. Lewis, Lieut.-Col. William Rowe, Hollington, Hastings.
- 8.*Lister, Thomas Thompson Cunliffe, Esq., Borde Hill, Cuckfield.
- 9.*Norman, John Manship, Esq., Dencombe, Crawley.
- 10.*Pakenham, Rear-Admiral the Honourable Thomas Alexander, Franklyn, Haywards Heath.
11. Peel, Lawrence Charles Lennox, Esq., C.B., Woodcroft, Cuckfield.
- 12.*Rose- Holden, Lieut.-Col. John Rose, The Ferns, Wivelsfield.
- 13.*Sclater, James Henry, Esq., Newick Park, Lewes, *Chairman*.
- 14.*Sergison, Major Warden, Cuckfield Park.

WESTERN DIVISION.

1. Barttelot, Captain Walter George, Coates, Petworth.
2. Burrell, Captain Charles Raymond, Knepp Castle, Horsham.
3. Chetwynd, Major The Honourable Charles Cornwallis, Worthing.
4. Dalbiac, Henry Eardley Aylmer, Esq., Durrington, Worthing.
5. Fletcher, Lieut.-Col. Sir Henry, Bart., M.P., Ham Manor, Arundel.
6. Goring, Rev. John, Wiston Park, Steyning.
- 7.*Tribe, William Foard, Esq., Manor House, Broadwater.
- 8.*Wisden, Lieut.-Col. Thomas Faulconer, Broadwater, Worthing.

BRIGHTON BOROUGH.

1. Smith, David, Esq., 11, Arundel Terrace, Brighton.
2. Savage, William Dawson, Esq., Ellerslie House, Park Road East, Brighton.

OFFICERS.

Medical Superintendent.—S. W. D. Williams, Esq., M.D.
Senior Assistant Medical Officer.—T. B. Worthington, Esq., M.D.
Junior Assistant Medical Officer.—E. B. C. Walker, Esq., M.B.
Chaplain.—Rev. Thomas Edward Crallan, M.A.
Clerk of Asylum.—Mr. S. A. Mortlock.
Storekeeper.—Mr. T. Lenton.
Housekeeper.—Mrs. Stroud.
Head Attendants.—Mr. W. T. Buckle (Male Department),
Miss Buckle (Female Department).
Assistant Female Officer.—Mrs. Hearsey.
Treasurer.—George Whitfeld, Esq., Lewes.
Clerk to the Visitors.—H. Jones, Esq., Lewes.

* Member of the House and Farm Committees.

February 1st, 1883.

SUSSEX COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.

TWENTY-FOURTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS.

To Her Majesty's Justices of the Peace for the County of Sussex, assembled in Quarter Sessions held at Lewes, in and for the Eastern Division of the said County, on Monday, the 1st day of January, 1883, and at Petworth, in and for the Western Division of the said County, on Thursday, the 4th day of January, 1883.

THE COMMITTEE OF VISITORS of the Sussex County Lunatic Asylum, appointed at the Epiphany Sessions in 1882, beg to report very favourably of the efficient condition and good management of the Asylum, and of the care taken of the Patients therein.

1.—The Number of Patients in the Asylum at the date of this Report, is as follows :—

Males	.	.	.	366
Females	.	.	.	476
Total	.			<hr/> 842

The Admissions during the year have been	217
The Discharges	145
The Deaths	76

These figures, when compared with the corresponding period of last year, show :—

FIRSTLY—A decrease of 12 in the total number of Patients.

SECONDLY—A considerable increase of Discharges.

THIRDLY—A Mortality slightly below the average.

2.—Towards the close of 1881, in consequence of the then great demand for the vacant beds in the Asylum, the Committee of Visitors determined to appoint a Sub-Committee, to consider the best steps to be taken to meet the increase of Patients.

The Sub-Committee entered into correspondence with the Justices of the Borough of Brighton, and urged upon them the advisability of building a separate Asylum for their Patients. Such Justices, however, were of opinion that it would not then be desirable for them to do so.

Fortunately, however, whilst these negotiations were proceeding, a marked diminution in the number of Admissions, and a considerable increase in the number of Discharges, occurred, which arrested the gravity of the situation, and the Sub-Committee thereupon reported that no immediate steps need be taken to provide increased accommodation for Lunatics.

Many of the Boards of Guardians—awakening at last to the importance, in the interests of the ratepayers, of relieving the pressure on the Asylum—consented, on the earnest recommendation of Dr. Williams, to allow, in many cases, the transfer of harmless and chronic cases to the Workhouses.

Out of the 145 Discharges during the present year, 68 Patients of this class have been either sent to the Workhouses or boarded out with their friends.

The great relief thus afforded to the Asylum, and the fact that in 1881 the numbers in the Asylum had increased by 41, while in 1882 they have diminished by 12, warrant the conclusion that for the present, at least, the further provision for County Lunatic Patients admits of postponement.

3.—The Committee think it right to report to the Court the number of Beds still available for fresh admissions to the Asylum.

There are on the Male side 15, and on the Female side 25 vacant Beds.

And if to these be added the 27 beds now occupied by Private Patients, who are liable to removal, it makes a total of 67 beds still unoccupied by County Patients.

The Committee entertain a confident hope that further action may be taken by the Boards of Guardians in diminishing the pressure of Patients upon an Asylum built, originally, for 400 Patients, but now containing 900 beds, and admitting, it is feared, of no further extension ; and it is an encouraging fact that already in, at least, two Workhouses, increased accommodation for persons of unsound mind is likely to be provided.

4.—It is, however, to be noted that this transfer of harmless cases to Workhouses necessarily produces a marked deterioration in the general character of the Patients, as they are mostly replaced by Patients of a violent, maniacal, and suicidal nature, involving increased anxiety and difficulty to the staff in their management, and a consequent increase in the expense of their maintenance.

The Committee feel that the diminution of the numbers in the Asylum is, in a great degree, due to the zealous exertions of Dr. Williams, in presenting to the Committee a large number of Patients for discharge, and also in recommending to the Boards of Guardians Patients suitable for Workhouses—matters requiring careful discrimination, but producing increased responsibility.

5.—The Farm shows in its results a marked improvement upon the previous year. The profits upon the first three quarters of this year amount to £320 18s. 4d., while those for the corresponding period of 1881 were only £156 12s. 11d. The accounts of the last quarter have not yet been completed, nor has the yearly valuation been made.

6.—The Workshops have been engaged, as usual, in making clothes and other articles required for the use of the Patients and the Establishment; thus affording the Patients a valuable means of employment.

The Recreation Hall has furnished the Amusements, Recreation, and Variety so needful for Lunatic Patients.

The conduct of the Staff during the past year has been highly satisfactory to the Committee. Dr. E. B. C. Walker, M.B. and M.C., Edinburgh, has been appointed to the post of Junior Assistant Medical Officer in the room of Dr. M. L. Brown. This is the only change in a staff composed of many persons of a long and tried experience, and who have rendered valuable service to the county.

(Signed) JAMES H. SCLATER,
Chairman.

HAYWARDS HEATH,
23rd December, 1882.

SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS HEATH.

INCOME and EXPENDITURE for the Year ending 31st December, 1882.

INCOME.							EXPENDITURE.							
HEADS OF INCOME.	QUARTERS ENDING.				Year ending 31st Dec.	Total.	HEADS OF EXPENDITURE.	QUARTERS ENDING.				Year ending 31st Dec.	Total of General Heads of Expenditure	
	31st March.	30th June.	30th Sept.	31st Dec.				31st March.	30th June.	30th Sept.	31st Dec.			
FROM WEEKLY RATE.							FROM WEEKLY RATE.							
	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	Provisions.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	
From Unions Contributing to the Asylum, for Maintenance	4522 0 5	4543 0 10	4559 18 1	4585 15 7	18210 14 11		By Meat	302 8 0	366 6 6	272 1 8	381 2 1	1411 18 3		
							Flour	451 16 7	480 14 1	440 17 3	377 8 10	1750 16 9		
							Barley, Rice, &c. ...	23 10 0	21 14 0	19 2 0	17 6 0	81 12 0		
							Tea, Coffee, & Cocoa	164 6 9	136 13 6	162 3 11	164 6 0	627 10 2		
							Sugar and Treacle	101 0 3	64 17 8	117 1 2	71 6 8	354 5 9		
							Sundry Groceries...	34 12 6	24 9 8	26 11 0	31 2 5	116 15 7		
							Tobacco and Snuff	47 5 0	40 10 10	51 2 1	39 11 10	178 9 9		
							Butter	134 11 0	90 7 11	110 1 2	149 14 10	484 14 11		
							Cheese, Eggs, &c....	68 5 4	58 6 6	82 19 0	66 18 4	276 9 2		
							Beer	265 18 4	321 17 2	375 2 8	208 18 3	1261 16 5		
							Potatoes and other Vegetables	7 1 6	27 16 6	17 6 5	52 4 5		
							Board Wages	2 9 6	5 11 0	9 3 0	8 8 0	25 11 6		
							Fish	2 17 0	38 5 6	43 13 4	4 2 4	88 18 2		
							Meat (from Farm Ac)	511 15 4	602 11 10	804 14 1	614 17 6	2533 18 9		
							Milk, Eggs, &c. Do.	225 12 0	268 13 0	265 1 11	238 16 6	998 3 5		
							Vegetables Do.	124 6 6	153 16 3	161 3 2	130 18 1	570 4 0		
							Cash paid to Farm in excess of Produce received	203 12 7	203 12 7		
							Total.....	2550 14 1	2681 16 11	2968 13 11	2815 16 8	11017 1 7	11017 1 7	
House & other Expenses.							House & other Expenses.							
							By Coals, Coke, &c. ...	369 8 0	330 11 9	318 13 4	214 17 10	1233 10 11		
							Gas.....	151 18 6	49 4 3	49 13 3	157 13 3	408 9 3		
							Soap	45 16 6	48 19 0	52 1 6	41 4 3	188 1 3		
							Starch, Soda, &c....	54 3 8	53 4 5	42 8 1	42 18 7	192 14 9		
							Candles.....	4 14 3	5 0 3	6 0 9	8 13 3	24 8 6		
							Furniture, Bedding, Linen, &c.	151 15 2	114 16 9	245 1 2	114 17 8	626 10 9		
							Ironmongery, &c....	11 7 7	19 17 8	27 4 4	6 10 8	65 0 3		
							Brooms, Brushes, &c.	26 14 6	13 12 0	25 14 0	19 0 9	85 1 3		
							Earthenware, Glass, &c.	53 7 3	30 1 4	30 4 4	18 8 1	132 1 0		
							Rates and Taxes	15 12 5	40 2 8	55 15 1		
							Stationery, Postage, Printing, Advertisements, &c.	28 16 5	30 8 0	30 15 9	32 5 9	122 5 11		
							Carriage of Goods, and Conveyances	11 1 6	20 1 0	26 9 4	16 2 6	73 14 4		
							Funeral Expenses .	28 6 9	25 0 2	21 11 10	25 14 7	100 13 4		
							Periodicals, Books, and Amusements	16 10 3	8 17 3	13 1 9	12 19 0	51 8 3		
							Retaking Patients .	44 3 0	31 8 1	52 7 11	31 7 8	159 6 8		
							Patients on Trial ...	0 5 0	0 9 2	1 1 0	1 15 2		
							Uniform	18 16 0	21 18 9	20 3 9	20 1 8	81 0 2		
							Keep of Horse (from Farm Account) ...	44 1 8	99 17 4	10 17 11	38 12 11	193 9 10		
							Total.....	5 17 0	5 17 0	5 17 0	5 17 0	23 8 0		
							By Clothing.....	1067 3 0	924 16 7	978 6 0	848 9 1	3818 14 8	3818 14 8	
							Salaries and Wages.	212 6 9	357 8 1	165 19 2	319 2 4	1054 16 4	1054 16 4	
							By Officers.....	587 17 8	588 15 0	595 10 6	596 15 0	2368 18 2		
							Attendants and Servants	668 7 5	679 18 7	693 2 3	680 8 10	2721 17 1		
							Total.....	1256 5 1	1268 13 7	1288 12 9	1277 3 10	5090 15 3	5090 15 3	
Medicine.							Medicine.							
							By Drugs, Instruments, &c.	64 9 6	18 11 6	37 11 5	40 6 10	160 19 3		
							Wines, Spirits, and Porter	34 6 6	34 0 6	35 19 0	57 16 10	162 2 10		
							Total.....	98 16 0	52 12 0	73 10 5	98 3 8	323 2 1	323 2 1	
							By Incidentals	25 5 0	22 4 6	27 0 5	36 13 2	111 3 1		
							Paid to Capital	200 0 0	200 0 0		
							Total.....	25 5 0	222 4 6	27 0 5	36 13 2	311 3 1	311 3 1	
Total from Weekly Rate, &c.	5758 15 3	5855 15 10	5724 15 8	5670 17 1	23010 3 10	23010 3 10	Total from Weekly Rate	5210 9 11	5507 11 8	5502 2 8	5395 8 9	21615 13 0	21615 13 0	
FROM COUNTY RATE.							FROM COUNTY RATE.							
Repairs and Alterations.							Repairs and Alterations.							
From County Treasurers for Repairs & Alterations	431 9 4	384 14 5	351 10 7	277 8 10	1445 3 2		By Labour	135 9 9	177 4 10	172 14 1	142 18 4	628 7 0		
							Timber	21 8 1	37 7 1	5 15 3	32 3 11	96 14 4		
							Iron, Lead, &c.	30 16 0	48 4 2	80 16 6	10 0 6	169 17 2		
							Bricks, Slate, Cement, &c.	20 0 1	57 10 5	54 2 2	21 10 10	153 3 6		
							Glass	4 14 8	6 14 3	1 10 0	8 8 2	21 7 1		
							Paints and Paper ...	18 11 1	31 11 11	15 3 0	10 17 7	76 3 7		
							Sundries	54 0 2	13 13 0	5 9 0	39 16 2	112 18 4		
							Insurance & Taxes	133 6 8	1 5 0	134 11 8		
							Carriage & Carting	4 14 10	3 6 9	4 19 7	2 11 4	15 12 6		
							Superannuation ...	8 8 0	9 2 0	9 16 0	9 2 0	36 8 0		
							Total.....	431 9 4	384 14 5	351 10 7	277 8 10	1445 3 2	1445 3 2	
							By Improvements	
Total from County Rate	431 9 4	384 14 5	351 10 7	277 8 10	1445 3 2	1445 3 2	Total from County Rate	431 9 4	384 14 5	351 10 7	277 8 10	1445 3 2	1445 3 2	
Total Income from Weekly and County Rate	6190 4 7	6240 10 3	6076 6 3	5948 5 11	24455 7 0	24455 7 0	Total Expenditure from Weekly and County Rates.....	5641 19 3	5892 6 1	5853 13 3	5672 17 7	23060 16 2	23060 16 2	
				Balance from Dec.	31st, 1881	3689 15 1						Balance...	5084 5 11	
					Total...£	28145 2 1						Total...£	28145 2 1	

Examined by the Finance Committee, January 27th, 1883.

(Signed) JAMES H. SCLATER, CHAIRMAN.
JOHN MANSHIP NORMAN.
T. F. WISDEN.
W. F. TRIBE.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

AVERAGE WEEKLY EXPENDITURE for the Year, for each Patient, from Weekly Rate.					
	QUARTERS ENDING.				Average for the Year 1882.
	March 31st.	June 30th.	Sept. 30th.	Dec. 31st.	
Provisions	s. d. 4 5½	s. d. 4 5½	s. d. 5 2½	s. d. 5 2½	s. d. 4 10½
House and other Expenses	1 11½	1 8½	1 9½	1 6½	1 8½
Clothing	0 4½	0 7½	0 3½	0 7	0 5½
Salaries and Wages	2 3½	2 3½	2 4½	2 4½	2 4
Medicine, &c.	0 2½	0 1½	0 1½	0 2½	0 1½
Incidentals	0 0½	0 0½	0 0½	0 0½	0 0½
Nett Cost	9 4½	9 3½	9 10½	9 11½	9 7½
Weekly Rate Chargeable to the Unions Contributing to the Asylum	9 9	9 9	9 9	9 9	9 9
Ditto do. Not Contributing do.	14 0	14 0	14 0	14 0	14 0
Ditto do. For Private Patients	16 0	16 0	16 0	16 0	16 0



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SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending December 31st, 1882.

ASSETS.		DEBITS.	
1882.	£ s. d.	1882.	£ s. d.
Dec. 31. Due from Unions Contributing	4585 15 7	Dec. 31. To Amounts due to sundry Tradesmen	
" " Ditto not ditto.....	771 9 1	on account of Maintenance, Repairs,	
" " County Treasurers	32 0 5	&c., &c.	2615 16 7
" " Private Patients' Account	281 12 0		
" " For Sale of Farm Produce, Stores, &c. ...	247 1 5		
" " Repairs, Alterations, &c.	277 8 10		
" " Cottage Rent	8 2 6	Surplus Balance.....	5084 5 11
" " Cash in Bankers' hands	1475 6 5		
" " Clerk's	21 6 3		
	<u>£7700 2 6</u>		<u>£7700 2 6</u>

Submitted to the Finance Committee this 27th day of January, 1883.

(Signed)	JAMES H. SCLATER (Chairman).	(Signed)	S. A. MORTLOCK,
	J. M. NORMAN.		Clerk of the Asylum.
	T. F. WISDEN.		

SUSSEX LUNATIC ASYLUM.

Dr. Farm and Garden Accounts for the Year ending December 31st, 1882. C

1881.—December 31st.	£	s.	d.	£	s.	d.
To Estimated Value of Live Stock	1184	9	0			
Estimated Value of Dead Stock	540	0	0			
Estimated Value of Tenant's Valuation	649	9	4			
Estimated Value of Provender	568	6	0			
				2942	4	4

1882.—December 31st.	£	s.	d.	£	s.	d.
By Purchase of—						
Railway Carriage.....	17	2	4			
72 Cows and Beasts ...	1810	11	6			
9 Calves	51	9	0			
218 Sheep.....	693	15	6			
2 Horses	100	11	0			
Medicine	18	10	0			
Oil Cake	303	1	3			
Bran and Sharps	295	7	11			
10 Tons Hay	65	0	0			
Barley and Maize	215	1	6			
6016 Trusses Straw ...	384	16	8			
Seeds and Plants	65	2	9			
Manure and Lime.....	134	16	0			
Implements.....	100	16	11			
Wages of Bailiff, Gardener, Cowman, Carters, and other Servants employed on Farm	432	2	0			
Thrashing	10	17	8			
Thatching	6	15	6			
Valuation.....	7	7	0			
Sundries	10	1	7			
				4723	6	1

Rates and Taxes	55	15	1			
Estimated Rent on Land	200	0	0			
				255	15	1

Balance in favour..... 319 17 5

£8,241 2 11

ESTIMATED VALUE OF FARM STOCK:—

1881.—December 31st.	£	s.	d.
23 Cows, Fattening Beasts, and Calves	522	0	0
100 Sheep	225	3	0
7 Horses.....	163	0	0
148 Head of Swine.....	258	11	0
106 Poultry and Ferrets	15	15	0
	1184	9	0
Dead Stock, Implements, &c.	540	0	0
Tenant's Valuation	649	9	4
Provender	568	6	0
	£2,942	4	4*

1882.—December 31st.	£	s.	d.	£	s.	d.
By Sale of—						
Oats	3	9	0			
26 Calves	48	11	6			
20 Sheep	56	17	6			
1 Horse	11	14	0			
Hides and Skins	110	18	8			
Rough Fat, &c.	21	15	2			
Wheat	117	14	7			
49 Lambs.....	112	5	0			
Faggots & Vegetables	17	6	3			
166 Pigs	378	11	3			
Use of Stock	5	16	0			
				884	18	11

Discount				5	11	
By Produce supplied to House—						
46,237 lbs. Beef @ -/8½; -/9; -/9½; & -/8½	1736	6	3			
5,630 „ Pork @ -/7½	175	18	8			
2,749 „ Suet „ -/6	68	14	6			
12,237 „ Mutton @ 1/-; -/10; -/9½; & -/10	526	2	2			
Bells, Livers, &c.....	26	17	2			
				2533	18	

20,777 gals. Milk @ -/11	952	5	6			
6,935 No. Eggs „ -/1	28	17	11			
102 „ Poultry „ 2/6	12	15	0			
102 „ Rabbits „ -/10	4	5	0			
				993	3	

2,625 bus. Cabbage @ 1/-	131	5	0			
74 „ Onions „ 2/-	7	8	0			
1,432 „ Potatoes „ 2/8	190	18	8			
213 „ Peas „ 2/-	21	6	0			
208½ „ Beans „ 2/-	30	17	0			
299 „ Carrots „ 2/-	29	18	0			
410 „ Parsnips „ 2/-	41	0	0			
545 „ Turnips „ -/10	22	14	2			
1072 No. Cauliflowers @ -/2	8	18	8			
Other Vegetables	33	19	9			
Fruit and Rhubarb.....	25	14	9			
Vegetables and Fruit supplied to Medical Superintendent	26	4	0			
				570	4	

Keep of House Horse...	23	8	0			
				23	8	

By Estimated Value of Live Stock.....	1286	7	0			
Estimated Value of Dead Stock	555	0	0			
Estimated Value of Tenant's Valuation	796	1	8			
Estimated Value of Provender	587	10	0			
				3224	18	

£8,241 2 11

Examined by the Farm Committee, January 27th, 1883.

(Signed) JAMES H. SCLATER.
J. M. NORMAN.
T. F. WISDEN.
W. F. TRIBE.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum

* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.

An Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and Places in the County of Sussex, 1st January, 1883.
(16 & 17 Vic., cap. 97, s. 64.)

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum.		In Private Asylum.		In Asylums in other Counties		In Work- houses.		In Lodg- ings or Boarded out.		With Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle	5	12	1	...	3	7	3	4	12	23
Brighton.....	106	127	51	77	9	20	166	224
Chailey	8	8	2	1	...	1	1	1	11	11
Chichester (Incorporatn)	7	11	1	1	2	1	10	13
Cuckfield	13	22	1	10	3	14	35
Eastbourne	9	11	2	5	1	11	17
East Grinstead	9	11	6	6	3	6	18	23
East Preston.....	13	19	2	7	3	4	18	30
Hailsham	8	21	...	1	...	1	4	3	5	6	17	32
Hastings	22	44	2	...	1	4	1	25	49
Horsham	14	25	3	4	6	12	23	41
Lewes	13	12	5	5	18	17
Midhurst	12	10	1	2	2	14	13
Newhaven	7	5	1	6	8	11
Petworth	10	6	2	...	3	4	1	2	16	12
Rye	8	9	6	7	2	2	16	18
Steyning	27	38	1	...	7	11	4	10	39	59
Thakeham.....	6	11	1	1	2	7	14
Ticehurst	9	11	4	3	3	4	16	18
Uckfield	12	18	2	2	1	...	5	5	20	25
Westbourne	6	7	4	6	1	4	11	17
Westfirle	2	1	...	1	...	4	...
Westhampnett.....	22	17	...	1	4	10	2	6	28	34
County Eastern Division	5	5	...
Do. Western do.
TOTALS.....	353	455	...	2	6	1	113	181	2	1	53	96	527	736

SUMMARY.

Years.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M. & F.
1st January, 1855.	92	127	79	54	45	85	216	266	482
1st January, 1868.	242	301	95	107	62	84	399	492	891
1st January, 1869.	250	318	102	110	67	84	419	512	931
1st January, 1870.	246	326	109	108	72	83	427	517	944
1st January, 1871.	275	348	116	120	79	101	470	569	1039
1st January, 1872.	264	341	111	141	84	120	459	602	1061
1st January, 1873.	284	343	122	140	79	109	485	592	1077
1st January, 1874.	297	351	109	146	67	106	473	603	1076
1st January, 1875.	301	361	108	158	84	118	493	637	1130
1st January, 1876.	312	387	111	161	75	104	498	652	1150
1st January, 1877.	324	384	106	163	75	102	505	649	1154
1st January, 1878.	340	390	118	165	71	96	529	651	1180
1st January, 1879.	341	412	120	158	62	98	523	668	1191
1st January, 1880.	347	415	111	170	56	93	514	678	1192
1st January, 1881.	341	436	126	160	61	99	528	695	1223
1st January, 1882.	353	462	129	163	54	98	536	723	1259
1st January, 1883.	359	458	113	181	55	97	527	736	1263

S. A. MORTLOCK,
Clerk of the Asylum.

THE MEDICAL SUPERINTENDENT'S TWENTY-FOURTH ANNUAL REPORT.

Twenty-fourth Annual Report. THE Medical Superintendent has the honour to submit the Twenty-fourth Annual Report to the Committee of Visitors.

Numbers on the 31st Dec., 1881. On the 31st December, 1881, the Numbers in the Asylum were—Male 357, Female 489. Total 846.

Admissions. The Admissions during the year have been—Male 115, Female 107. Total 222.

Discharges. The Discharges during the year have been—Male 55, Female 96. Total 151.

Deaths. The Deaths during the same period have been—Male 51, Female 27. Total 78.

Mean Annual Population. The Mean Population resident during the year has been—Male 360, Female 475. Mean Average 835.

Numbers this day, 31st Dec., 1882. The Numbers in the Asylum this day (31st December, 1882) are Male 366, Female 473. Total 839.

Numerical Results of the year. The several Numerical Results are summed up in the first Table in Appendix A to this Report.

The Numerical Results of the year 1882 yield the following percentages :—

Annual percentage for 1882. (a) The Discharges (including the cases relieved) are 64.4 per cent. on the Admissions of the year.

Excluding those cases relieved, the percentage of Recoveries on the Admissions stands at—Male 38.7, Female 67.9. Average 52.8. On the average number resident it is—Male 11.9, Female 14.8. Average 13.5.

(b) The Mortality on the total number under Mortality. treatment is—Male 10.8, Female 4.5. Average 7.2.

The total number of Admissions is exactly the same Admissions. as last year, but the Male Admissions are unusually numerous, being thirteen more than last year, and eight more than the Females. The Admissions from the County are six in excess of last year, whilst those of the Private Patients are six less, being twelve as against eighteen. This falling off in the admission of Private Patients is due to its having been necessary to refuse admission to several during the early part of the year, on account of the then crowded state of the Asylum.

There is nothing calling for special remark about any of the Admissions. There was the usual large proportion of aged, idiot, and imbecile cases, and more than the usual proportion of men suffering from organic brain disease, whilst many were in an extremely feeble state of physical health. Twenty-two were upwards of sixty years of age, ten were between seventy and eighty, and one female was eighty-six. Seventeen were Epileptics or Idiots, nine were suffering from Progressive Paralysis, twenty from other Organic Brain Diseases, and twelve were in so feeble a state of bodily health on admission, that they never rallied, but died before the year was out.

The Mortality is somewhat higher than last year, Deaths. being 9.3 per cent. on the average numbers resident,

as against 8.2, the increase being entirely on the Males' side. But even this is lower than the average in County Asylums generally. It was much higher on the Males' than the Females' side, which is accounted for by the large number of deaths from Organic Diseases of the Brain, half the deaths on the Males' side, *viz*: twenty-five, having been due to Inflammation or other Diseases of the Brain, or to Progressive Paralysis of the Insane, whereas on the Females' side there were only nine deaths from similar causes. Pulmonary Consumption and Diseases of the Heart are answerable for the majority of the other deaths. Of the former there were six amongst the men, and five amongst the women, but with hardly an exception the seeds of this disease had been sown, in these cases, before admission into the Asylum. There has been no death from Accident or from Diarrhœa, or any contagious or infectious diseases. Each death has been reported to the Coroner, but in none has it been considered necessary to hold an Inquest.

Discharges.

There were 151 Discharges during the year, by far the largest number in one year since the Asylum was opened. Of these, 13 were Private Patients, of whom 8 had recovered, and 5 were more or less relieved. Of the 138 Pauper Patients discharged, 61 were recovered, 36 were sent to the Workhouses, and 33 were delivered over to the care of their relatives for a month's trial, and were ultimately discharged as recovered or improved, and 8 were removed to other Asylums. Eleven other Patients were also tried for one month, either in the Workhouses or with their relatives, but had to be returned to the Asylum before their month's trial was

up. It will thus be seen that a very extensive trial has been made of the plan of discharging harmless and chronic cases, and that out of 80 thus tried, only 11 had to be returned to the Asylum—which, all things considered, must be allowed to be a very small proportion, and to thoroughly justify the experiment thus made to endeavour to keep down the numbers in the Asylum. It is also satisfactory to record that none but the most trivial complaints have ever reached the Asylum as to any misconduct on the part of the cases thus discharged. It need scarcely be said that this extensive discharge and transfer of Patients has involved an immense amount of extra work, anxiety, and correspondence on the staff. The Medical Superintendent is fully conscious of the nice discrimination required in carrying it out. He is unwilling to admit that any case of insanity, unless involving organic changes in the brain, is hopelessly incurable, and he therefore sees the impropriety of transferring cases to the Workhouse in whom there is any chance of recovery. Such a step is wrong, both from a humanitarian and from an economic point of view. At the same time he is convinced that it is a mistake, in many instances, to keep some cases too long in Asylums, as he has often seen much benefit accrue from change. There is no point, however, in the whole range of Medicine more difficult to decide, than which cases are best in Asylum, and which will benefit by change. It has occurred that Discharged Patients have been returned to the Asylums, respecting whom it was confidently anticipated they would do without control, whereas, on the other hand, it occasionally happens that others, whose friends have removed them contrary to

Medical advice, have derived decided benefit from the change. It is only by a careful study of each case that a correct prognosis can be arrived at.

Numbers in
Asylum.

The numbers in the Asylum on the last day of the year may be classed as follows:—

	M.	F.	T.
Patients chargeable to Contributing Unions in Sussex ...	330	407	737
Patients chargeable to Non-Contributing Boroughs ...	25	46	71
Out-County Patients ...	3	2	5
Private Patients ...	8	18	26
	<hr/>	<hr/>	<hr/>
Total ...	366	473	839
	<hr/>	<hr/>	<hr/>

Comparing these numbers with those of the corresponding period of last year, it will be found that there is a diminution of 7 in the sum total, and that for the first time in the history of the Asylum the number of Patients chargeable to Unions and Boroughs in Sussex has decreased somewhat (by 3), instead of having, as has heretofore been the invariable rule, increased by from 15 to 40. A reference to the Table at page 11, giving an Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and Places, in the County of Sussex, made on December 31st, shows that this decrease is not due to a decrease of Pauper Lunacy in the County generally, inasmuch as there is an increase of four in the total Lunatics on the rates. Notwithstanding the large discharge of chronic cases, it is a curious fact that the totals in “Workhouses” and “with friends” have not increased. This only

appears explicable on the supposition that many of these cases derive so much benefit from the change, that they ultimately recover, and become no longer chargeable on the rates, for it cannot be that they have all died. In connection with this question it may be as well to note that in most Counties, according to the Report of the Commissioners in Lunacy, the numbers in the Asylums increase, and in "Workhouses" and "with friends" diminish.

Table X. in the Appendix gives the probable causes, Causation. apparent or assigned, of the mental aberration in the Admissions, Discharges, and Deaths. This Table, as usual, is scarcely satisfactory in its results. Thus, in as many as 53 of the Admissions, no cause could be assigned. Again, in 55 the cause assigned is of a "Moral" nature, but as Insanity is now almost invariably admitted to be somatic in its origin, a "Moral" cause can only be an exciting cause, developing insanity in a person already predisposed to it. Out of the remaining 114 Admissions, to whom a physical causation is assigned, 29, being upwards of 25 per cent., became insane from the abuse of Alcohol. An equally large factor was "Overwork."

The Health of the Patients generally has been quite up to, if not above, the average. A very severe epidemic of measles has prevailed in the neighbouring districts for some months, and most of the children of the Artizans and Attendants have suffered from it. An Idiot child, in Ward 2, doubtless infected by one of the Attendants, sickened with it in November. He was at once moved to the Sanatorium, but the isolation was unavailing, as all the other Idiot children in that Ward,

Health of the
Establishment.
——
Measles.

numbering four, were seized, as well as two adults, aged respectively 39 and 25. All progressed favourably, and there has not been a fresh case for some weeks. This is the first time it has been necessary to use the Sanatorium for an epidemic outbreak since its erection in 1877. There has been but little, if any, Diarrhœa, and but few cases of Inflammatory Diseases of the Chest have occurred. The Infirmaries have, however, frequently been full of bed-ridden cases in the last stages of Brain Disease, and there are no cases that tax the energy and attention of Nurses more. This Asylum is fortunate in having well-tried and diligent Attendants in the Infirmaries on both the Males' and Females' side.

The Wards for the acute and excitable cases have also been strained to their utmost limits, and there is no doubt but that the transfer of chronic, harmless, and useful Patients, to the Workhouses, and the gradual accumulation of recent and excitable, and suicidal cases in their stead, is adding very much to the work and responsibilities of the staff generally, and is gradually changing the character of most of the Wards. For whereas in former years it was only necessary to retain one Ward for such cases, now other Wards, originally built for Convalescent Chronic Patients, and, therefore, ill-adapted for the treatment of more acute cases, have to be used for such Patients; and the difficulties in treating and managing them are greatly increased. When the time arrives for increasing the accommodation for Lunatics in Sussex, the Medical Superintendent submits that this point will require careful attention.

Accidents.

The year has been quite free from accident or injury of any kind to Patients, with the exception of occasional

abrasions and black eyes, from falls in fits, or blows from excitable Patients. This immunity, in this respect, speaks well for the care bestowed on the Patients by the Attendants and Nurses, and for their attention to their duties.

Another point creditable to the staff is the fact ^{Escapes.} that there have been only two escapes during the year, and in each case the Patient was away from the Asylum only a few hours.

Dr. M. L. Brown, the Junior Assistant Medical ^{Changes in the Staff.} Officer, resigned his post here in January, on being ^{Junior Assist-} appointed Senior Assistant Medical Officer to the ^{ant Medical Officer.} Colney Hatch Asylum. He has been succeeded by Dr. E. B. C. Walker, M.B. & M.C., Edin., who commenced his duties on February 2nd. The appointment has been a satisfactory one, and Dr. Walker has been very diligent in the assistance he has given in the Medical work.

In July last the Medical Superintendent found it ^{Assistant Female Officer.} necessary to suggest to the Committee the advisableness of engaging a person to help the Chief Nurse and the Housekeeper in the performance of their manifold duties. Probably no Asylum in the Kingdom has two Female Officers who perform their duties more conscientiously than Mrs. Stroud and Miss Buckle, the Housekeeper and the Chief Nurse. But they have both been in the Asylum since its opening, and whilst they have grown no younger, the number of Patients under their charge, and consequently their work, have steadily increased every year. It appeared only fair, therefore, that a person should be engaged to assist them, and to relieve them of the more irksome and less

responsible parts of their work. This was unanimously assented to, and Mrs. Hearsey, Chief Nurse to the Berks Asylum, was chosen to fill the new office, at a salary of £32 a year. She commenced her duties on July 14th, and has proved herself to be thoroughly conversant with Asylum work.

The changes in the staff of Attendants, Nurses, and Servants, especially in the lower grades, have been rather more numerous than usual. It was necessary to request an Under Nurse (E.C.) to resign, owing to undue harshness to Patients, and an Under Laundry Maid (M. J. W.), who had only been recently engaged, was discharged for pilfering from her fellow-servants. The other resignations were all due to private reasons.

Amusements.

The amusements for the Patients have been as numerous and varied as possible, and have included Dances, Theatricals, Music, and a visit to the Brighton Pantomime, during the winter; and Cricket, Croquet, Lawn Tennis, Picnics, visits to Brighton, Shoreham, and the Crystal Palace, in the summer time, &c., &c.

There can be no doubt that if judiciously used, and not overdone, such recreation is as beneficial to the mind diseased as to the *mens sana*; and the wise liberality of the Committee in this respect is duly appreciated by the Patients, whilst it is a most useful adjunct to the Medical Officers' Pharmacopœa.

Visits of Commissioners and Guardians.

The Commissioners in Lunacy spent February 21st and 22nd in thoroughly inspecting the Asylum, and in seeing separately each Patient. Their Report will be found in the Appendix.

Committees of most of the Boards of Guardians have also from time to time visited their Patients, and in every

instance have left Reports expressing their satisfaction with the condition in which they found them, and the accommodation provided for them.

The usual amount of Papering, Painting, and Improvements. Decorating has gone on during the year.

The Main Corridor on the Females' side has been heated with hot pipes—a most beneficial improvement, and one that has tended greatly to improve the health of the Patients, though owing to the levels, corners, &c., a very difficult job to carry out.

The shaft at the well-house was blown down during a severe gale on the evening of the 29th of April, and smashed through the roof, but fortunately escaped the engines and boilers. The opportunity was seized to build a much higher shaft, and at the same time the heating surface of the boilers was increased, the result of which has been that whilst the effectiveness of the boilers has been much increased, the amount of fuel consumed has been reduced by half.

Many other minor improvements and alterations have been carried out, and have all been done by the Patients, superintended by the Asylum staff of Artizans.

In concluding this Annual Report, the Medical Conclusion. Superintendent has the pleasing duty of recording, as in so many previous ones, that unbroken harmony has prevailed amongst the Superior Officers, one and all of whom, from Dr. Worthington, the Senior Assistant Medical Officer, downwards, have laboured steadily and loyally for the good of the Institution, and for the benefit of the Patients.

S. W. D. WILLIAMS, M.D.,
 HAYWARDS HEATH, *Medical Superintendent.*
 January, 1883.

THE CHAPLAIN'S TWENTY-FOURTH ANNUAL REPORT.

- Twenty-fourth Annual Report. THE Chaplain presents to the Committee of Visiting Magistrates his Report for the twenty-fourth year of the existence of this Asylum.
- Sunday and other Services. The Daily Morning Service of Scripture and Prayer has been held in the Dining Halls. The Service in the Chapel has been continued at the appointed hours on the Sundays, and on Good Friday and Christmas Day.
- Administration of Holy Communion. Holy Communion has been administered from time to time, as in former years.
- Classes. The Classes for both Male and Female Patients have been continued and well attended, to the satisfaction and benefit of many of those present.
- Library. The Library for the use of the Household, and the Books in the various Wards are a continual source of recreation and enjoyment to a very large number of those for whose use they are supplied.
- Visits to Wards, &c. The Chaplain has visited the Wards, Workshops, Infirmarys, &c., at the hours on the days appointed for that purpose, and whenever else it has been desirable for him to do so.
- Savings Bank. The Savings Bank continues to prosper in every way.
- Burials. Fifty-three Burials have taken place during the year.
- Conclusion. The Chaplain desires to thank all the staff for their continued assistance at all times.

(Signed) THOMAS E. CRALLAN, M.A.,
Chaplain.

HAYWARDS HEATH,

December 31st, 1882.

METEOROLOGICAL REPORT.

The past year has disappointed the hopes, which were fondly entertained at its commencement, that it might prove dry and warm, following, as it did, upon a succession of wet years, and commencing with a period of more than usually dry weather.

During the first three months the Rainfall was very moderate in amount, and the wet days not numerous. Then followed six months during which the Rainfall was considerable in its total, but not signalised by any very heavy falls, so that the whole summer and autumn were remarkable for a continuance of dull, rainy weather. Yet, even then, the amount of rain was below the average, and in some places a deficiency was apparent in the springs.

The Average Annual Rainfall at this place during the previous fourteen years has been 29.78 inches; the average fall for the first nine months in the year 20.26 inches, and the average for the last three months of the year 9.52 inches. In this year 1882, however, the fall to the end of September had been only 18.39 inches, so that we then wanted 11.39 instead of 9.52 inches in the months of October, November, and December, to bring the rainfall up to the annual average. The actual fall during those three months amounted to 12.69, bringing the total up to 31.08, or 1.30 inches above the annual average for the fourteen years.

If, however, we take the ten years 1872 to 1881 inclusive on which to reckon the average, that being the remarkably wet period through which we have been passing, the Average Annual Rainfall will be found to

be 31.20, differing but slightly from the rainfall for this year, and showing that we have not yet passed out of the rainy cycle.

The least Monthly Rainfall occurred in March, amounting to 1.19 inches; the greatest in October, amounting to 6.20 inches.

The heaviest fall in twenty-four hours was recorded on October 15th, *viz.*, 80 inches.

The greatest Heat in the sun, *viz.*, 156.0° was registered on July 29th. The greatest Cold occurred on December 10th, when the Thermometer on the grass went down to 15.6°.

The usual Table is annexed.

THOMAS E. CRALLAN.

Meteorological Observations taken at the County Asylum during 1882.

Year 1882.	Pressure of Atmosphere corrected and reduced.		Temperature of the Air.										Radiation Thermometers.					Wind.							Rain.							
	9 a.m.		Mean.						Maximum.	Minimum.	Range.	Of all Maxima.	Of all Minima.	Daily Range.	Daily Temperature.	Dew Point.	Humidity Satn. 100.	Maximum in Sun, in vacuo.	Minimum on Grass.	Range.	Mean Maximum.	Mean Minimum.	Mean Velocity in Miles per Diem.	Direction.							No. of Wet Days.	Amount Collected.
	Mean.	Range.	Maximum.	Minimum.	Range.	Daily Range.	Daily Temperature.	Dew Point.																Humidity Satn. 100.	N.	N.E.	E.	S.E.	S.	S.W.		
Months.																																
January ...	30.360	1.629	51.3	26.1	25.2	44.5	35.1	9.4	40.0	38.2	93.4	94.3	22.1	72.2	64.5	33.1	116	2	6	4	5	1	8	5	0	8	10	1.57				
February ...	30.248	1.653	55.0	27.6	27.4	48.6	36.2	12.4	42.0	38.5	88.7	109.2	21.9	87.3	86.9	32.8	141	3	0	5	2	7	4	4	3	8	12	1.82				
March ...	30.032	1.586	64.0	27.6	36.4	54.5	37.6	16.9	45.6	42.3	85.4	137.2	26.0	111.2	110.3	35.0	148	3	0	0	4	2	7	10	5	5	14	1.19				
April ...	29.790	1.041	65.6	32.2	33.4	58.3	39.7	18.6	48.2	43.7	78.8	139.3	32.2	107.1	124.4	37.5	179	2	3	5	4	5	3	7	1	6	14	2.70				
May ...	30.042	1.090	73.7	35.9	37.8	65.1	44.1	21.0	53.4	48.4	75.0	153.1	32.2	120.9	138.8	40.6	141	6	5	3	4	5	2	6	0	6	11	1.50				
June ...	29.925	.802	76.2	36.1	40.1	66.7	47.3	19.4	55.7	51.9	76.7	152.5	31.9	120.6	136.2	44.5	143	2	1	2	1	7	4	9	4	8	19	1.90				
July ...	29.896	1.035	77.0	42.0	35.0	68.7	51.5	17.2	58.7	55.4	81.1	156.0	41.3	114.7	137.1	49.4	147	2	2	1	1	10	4	1	5	7	19	3.30				
August ...	29.935	.908	82.5	44.3	38.2	69.3	50.9	18.4	58.8	54.5	79.1	155.5	39.3	116.2	137.2	46.7	133	6	2	1	2	4	2	9	5	8	15	1.97				
September ...	29.861	1.119	74.0	34.1	39.9	64.1	46.2	17.9	54.6	52.1	85.8	146.0	31.5	114.5	124.2	42.5	111	7	2	4	4	4	1	5	3	6	13	2.44				
October ...	29.830	1.406	70.2	32.5	37.7	58.1	45.3	12.8	51.2	49.9	91.4	138.4	26.2	112.2	102.8	40.1	113	5	6	2	2	4	3	5	4	7	23	6.20				
November ...	29.721	1.039	60.9	23.3	37.6	49.8	37.9	11.9	43.7	40.2	87.6	113.2	19.0	94.2	86.0	33.2	184	3	2	1	1	0	3	12	8	5	22	3.77				
December ...	29.674	1.239	53.2	16.8	36.4	44.9	34.6	10.3	40.0	38.0	94.6	91.2	15.6	75.6	64.3	31.8	132	2	3	4	5	5	2	6	4	8	20	2.72				
Mean, Ex- treme or Total for the Year.	29.943	1.653	82.5	16.8	65.7	57.7	42.2	15.5	49.3	46.1	84.8	156.0	15.6	140.4	109.4	38.9	140	43	32	32	35	54	49	82	38	7	192	31.08				

(Signed) THOMAS E. CRALLAN.

REPORT OF THE
VISITING COMMISSIONERS IN LUNACY.

SUSSEX COUNTY ASYLUM,

HAYWARDS HEATH,

February 21st and 22nd, 1882.

We have been engaged during the last two days in visiting this Asylum, and, with the exception of one man, absent on trial, have seen every Patient on the books. We have pleasure in stating that the Establishment continues to be maintained in a state of efficiency, which is most creditable to Dr. Williams, and the rest of his staff. There are on the Books of the Asylum the names of 845 Patients, of whom 347 men and 466 women are Paupers belonging to Sussex; 10 men and 19 women are Private Patients; and 1 man and 2 women are Out-County Pauper Patients. The weekly charge for the County Patients is 9s. 9d.; for the Private Patients 16s.; and for the Out-County Patients 14s. The total number of Patients under treatment here is 20 in excess of those who were here at the last visit paid by two Members of our Board in June, 1881.

The increase has been wholly on the Female side, there being precisely the same number of men on the books then as now. During the above interval the Admissions have been 75 Males, and 83 Females. Six of the former and four of the latter belonged to the Private Class. Out of the whole number admitted 11 men and 13 women have been under care here at some former period. The Recoveries have been 29 men and 31 women, one and three of these respectively being Private Patients. Nineteen Patients left the Asylum "Relieved" or "Not Improved;" and of these, one of each sex were sent to the Workhouse, and four men and six women given up to their friends' care. The remainder not accounted for in this way were Private Patients, for whom their relatives made arrangements. The Deaths have been—amongst the Paupers 55, and in the Private Class 4—38 men and 21 women in all. No Death occurred from any exceptional cause, and no Coroner's Inquests were held. *Post-mortem* Examination (which is made here whenever the relatives grant permission to do so) verified the assigned cause of death in only 32 of the 59 instances. The Mortality for 1881, in the average daily number resident, was 9.7 for the men, and 7.2 for the women, or 8.2 per cent. for both sexes. The Recoveries, as compared with the Admissions, during the same period, were 44 per cent. for the men, and 28 for the women, or 35 per cent. for both sexes. There are now 33 vacant beds in the Asylum, 21 on the Male, and 12 on the Female side. The question, therefore, of providing further accommodation for the Lunatic poor of this County is pressing, and we were glad to learn that a Sub-Committee had been appointed by the Committee of Visitors to consider this

matter. There are only three Out-County Patients, and our Colleagues in their last entry explained how notice for the removal of the Private Patients would only cause their transfer from one class to the other, so that it appears to us that the available vacant accommodation can be reckoned to be but little more than the 33 beds before mentioned. The Committee were able to purchase five acres of additional land last year, which purchase has been of great value to the Asylum, but we do not consider that it would be possible to add, in any appreciable degree, to the sleeping accommodation in the Asylum. There is, we learn from Dr. Williams, an idea that Brighton should build an Asylum, and maintain their own Borough Patients. Whilst this is only a crude idea, we do not feel justified in expressing any opinion on the subject; but there is no doubt that this would relieve the pressure for some considerable period, as there are no less than 231 Patients chargeable to that Borough in this Asylum. During our Inspection we visited the Wards, Dormitories, Kitchens, Workshops, &c., and saw all the Patients at their various occupations. We can give a satisfactory account of the behaviour of the Patients during the time we were in the Wards; no one was aggressive, and hardly anyone excited. The Clothing was good and neat, and the Beds, Bedding, and Dormitories in proper order. The Wards were bright with flowers, and well supplied with cheerful books and periodicals. Praise is due to all the Attendants for the state of their respective Wards, but we must specially notice the Epileptic Ward on the Female side, where there are 65 Patients with only three Nurses, and yet it was throughout in excellent order. We

are glad to find that the School, which is such an excellent Institution here, is still carried on during the winter, and we saw about 60 Patients, of various ages, learning to read and write. We saw three little idiot boys who are living in the cottages of married attendants instead of being placed in the Wards. It is much to be wished that all idiot children could be thus, as it were, boarded out in suitable houses, and live a quasi-home life under judicious care. The dinner, served in both halls, was sufficient in quantity, and the men's dinner, consisting of Australian meat pie, appeared a popular dish ; but the stew provided for the women was not liked, and the green vegetable served with it was also not generally approved, though we had no complaint from the women on this score. The usual complaints of undue detention were made to us, but by no one as yet fit to leave the Asylum, and the only other complaints were with reference to the difficulty of seeing their friends, which was brought to our notice by a few Patients, who stated that they did not belong to the County. We had no charge of ill-treatment at the hands of the Attendants. The staff of Day Attendants, though not numerically large as compared with the Patients, appeared to us efficient. The men enter at £26 a year, and rise to £40 ; the women at £16, and rise to £30. Forty-six of the whole number (58) have been over 12 months in the Asylum service. The only form of Mechanical Restraint which has been employed has been Wet or Dry Packing, for medical reasons. Since the last visit, three men and four women have been Wet Packed ; the former for a total of 19 hours, and the latter, at various times, of 85 hours. One of these women has also been Dry Packed for a total period of

11½ hours. No Patient has been Wet or Dry Packed for more than four hours on the same day, and every Patient is relieved and sponged once an hour. The Head Attendant is always present during the Packing, and some Attendant remains with the Patient continuously whilst in "the Pack." Seclusion has been used in the case of one Patient of each sex; the man twice, for a total of nine hours, the woman once, for three hours. Under Medical and Surgical Treatment last week were nine men and 11 women; besides these, 19 of both sexes take sedative draughts at bedtime. We found in bed 11 women and seven men, but the Patients seemed on the whole to be in fairly good health. All notes of Symptoms of cases under treatment, as well as Prescriptions, are entered every morning by the Senior Assistant Medical Officer in the Clinical Note Book, as he goes through the Wards. This Book is, at the end of the visit, laid before the Medical Superintendent, who thus (when he does not himself prescribe) becomes cognizant of, and responsible for, the Medical Treatment. The Notes and Prescriptions are subsequently transcribed into the Case Books by the Junior Medical Officer. The above arrangement is very satisfactory in practice, and we find the Case Books and Medical Records carefully kept. The inmates have been free from Infectious or Contagious Disorder, and there have been no serious Casualties. The attendance at Divine Service remains as before reported, whilst the number of Patients present in the Recreation Hall, or the form of amusement provided for the Patients, differs but little from the last entry. The same remark applies to the numbers employed and the mode of employment. We are informed by

Dr. Williams that, by means of the internal and external Hydrants, and by the use of the large Manual Fire Engine, a stream of water can be made to reach all parts of the building, including the roof. The efficiency is tested monthly by the Fire Brigade, under the direction of the Engineer; and we recommended that the Nurses be trained to use the Hose and the Hand Pumps kept in the Female Wards. Besides the purchase of the five acres before alluded to, two cottages and two acres of land adjoining the Farm have been bought. The Female Dining Hall has been enlarged to seat 100 more Patients. The other additions and alterations which have taken place since the last visit have been merely the painting, papering, and general renovation, which must be continually needed in any Asylum.

W. E. FRERE,

JOHN D. CLEATON,

Commissioners in Lunacy.

A P P E N D I X ,

CONTAINING THE TABLES OF THE MEDICO-PSYCHOLOGICAL ASSOCIATION, &c.

The Medical Superintendent desires to acknowledge the services rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year 1882.

				Males.	Females.	TOTAL.
In the Asylum, 1st January, 1883...				357	489	846
	M.	F.	T.			
Admitted for the first time during the year	93	80	173			
Re-Admitted during the year.....	22	27	49			
Total Admitted				115	107	222
Total under care during the year...				472	596	1068
Discharged or Removed :—						
	M.	F.	T.			
Recovered	43	70	113			
Relieved	10	20	30			
Not Improved ...	2	6	8			
Died	51	27	78			
Total Discharged and Died during the year				106	123	229
Remaining in the Asylum, Dec. 31st (inclusive of Absent on Trial), 4 Males and 0 Females				366	473	839
Average Number Resident during the year				360	475	835

TABLE II.

Showing the Admissions, Re-Admissions, and Discharges from the Opening of the Asylum to the present date, 31st December, 1882.

	Males.	Females.	TOTAL.
Admitted during the period of $23\frac{1}{2}$ years	2082	2014	4096
Re-Admissions	210	303	513
Total of Cases Admitted.....	2292	2317	4609
Discharged or Removed:—			
	M.	F.	T.
Recovered	580	729	1309
Relieved	251	269	520
Not Improved...	185	102	287
Died	910	744	1654
Total Discharged and Died during the $23\frac{1}{2}$ years	1926	1844	3770
Remaining December 31st, 1882 ...	366	473	839
Average Numbers Resident during the $23\frac{1}{2}$ years	293	347	640

showing the Admissions, Discharges, and Deaths, with the mean Annual Mortality and Proportion of Recoveries per cent. of the Admissions for each Year since the Opening of the Asylum, July 25th, 1859.

YEAR.	Admitted.			Discharged.						Died.			Remaining 31st Dec. in each year.			Average No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on Average Nos. Resident.		
				Recovered.			Relieved.			Not Improved.														
				Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Both	Male.	Female	Both
1859...	143	164	307	2	4	6	1	1	2	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3
1860...	80	104	184	12	18	30	3	3	6	4	1	5	172	227	399	133	161	294	15.0	17.3	16.3	18.8	5.5	11.5
1861...	103	66	169	7	22	29	3	1	4	10	18	28	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7
1862...	60	69	129	14	16	30	1	6	7	7	3	10	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5
1863...	59	22	81	13	19	32	9	2	11	33	1	34	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7
1864...	64	70	134	14	10	24	5	2	7	4	4	8	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0
1865...	67	57	124	16	17	33	6	6	12	1	4	5	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7
1866...	70	89	159	17	25	42	5	8	13	1	...	1	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0
1867...	69	93	162	15	27	42	6	13	19	1	4	5	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9
1868...	119	73	192	14	34	48	5	5	10	2	...	2	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4
1869...	60	68	128	21	25	46	6	4	10	2	3	5	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8
1870...	83	83	166	29	32	61	5	2	7	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4
1871...	52	64	116	28	35	63	16	8	24	48	1	49	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6
1872...	138	130	268	23	44	67	7	11	18	2	1	3	332	383	715	295	369	664	16.6	33.8	25.0	11.8	8.6	10.1
1873...	100	104	204	30	43	73	14	26	40	1	2	3	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5
1874...	119	118	237	29	40	69	8	13	21	1	1	2	359	414	773	348	405	753	24.4	33.9	29.1	18.3	10.1	13.9
1875...	122	136	258	23	34	57	35	20	55	9	18	27	353	419	772	364	422	786	18.8	25.0	22.0	16.7	13.9	15.2
1876...	131	117	248	43	47	90	16	20	36	11	6	17	371	423	794	365	424	789	32.8	40.1	36.2	11.7	9.4	10.5
1877...	105	117	222	26	34	60	25	22	47	21	7	28	358	427	785	360	426	786	24.7	29.0	27.0	12.7	11.7	12.2
1878...	112	121	233	38	31	69	20	14	34	11	10	21	354	436	790	362	430	792	33.9	25.6	29.6	12.9	13.2	13.1
1879...	104	111	215	32	36	68	15	22	37	4	2	6	359	437	796	360	440	800	30.7	32.4	31.6	13.3	11.3	12.2
1880...	115	114	229	46	32	78	20	25	45	6	9	15	349	453	802	361	448	809	40.0	28.0	34.0	14.6	7.1	10.5
1881...	102	120	222	45	34	79	11	16	27	3	...	3	357	489	846	360	472	832	44.0	28.3	35.5	9.7	7.2	8.2
1882...	115	107	222	43	70	113	10	20	30	2	6	8	366	473	839	360	475	835	38.7	67.9	52.8	14.1	5.6	9.3
TOTAL...	2292	2317	4609	580	729	1309	251	269	520	185	102	287

* The apparently low per centage of Recoveries in these years is due to the Admission of many Chronic Lunatics from St. Pancras, Maidstone, and Peterborough.

TABLE IV.

Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Number of each Year remaining on the 31st December, 1882.

Admitted.				Of each Year's Admissions Discharged and Died in 1882.				Total Discharged and Died of each Year's Admissions to 31st Dec., 1881.				Remaining of each year's Admissions Dec. 31st, 1882		
YEAR.	New Cases.		Tot.	Recovered.		Relieved.	Not Improved.	Died.		Recovered.	Not Improved.	Died.		YEAR.
	M.	F.		M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	
1859	143	164	307	2	...	2	...	11	16	27	13	1859
1860	79	104	184	1	...	2	...	16	30	46	8	1860
1861	102	60	169	1	...	10	20	30	10	1861
1862	58	64	129	16	28	44	5	1862
1863	58	22	81	11	5	16	4	1863
1864	56	62	118	16	19	35	4	1864
1865	62	50	112	12	18	30	5	1865
1866	64	84	159	15	26	41	6	1866
1867	63	80	143	21	29	50	9	1867
1868	116	61	177	19	34	53	18	1868
1869	57	61	118	19	21	40	4	1869
1870	76	71	147	31	40	71	2	1870
1871	42	52	94	18	24	42	7	1871
1872	130	119	249	27	54	81	33	1872
1873	88	85	173	31	37	68	12	1873
1874	106	100	206	32	37	69	17	1874
1875	109	121	230	32	39	71	22	1875
1876	114	96	210	37	34	71	15	1876
1877	92	101	193	26	35	61	17	1877
1878	98	100	198	38	27	65	13	1878
1879	93	92	185	30	37	67	13	1879
1880	98	87	185	43	29	72	10	1880
1881	85	98	183	26	20	46	4	1881
1882	93	80	173	1882
TOTAL	2082	2014	4096	43	70	113	8	51	27	537	659	1196	241	TOTAL

Summary of Total Admissions, 1859-82.

Summary of Total Admissions, 1859-82.		Total.	
Male.	Female.	Male.	Female.
25.3	31.5	28.4	28.4
10.9	11.6	11.3	11.3
8.1	4.4	6.2	6.2
39.7	32.1	35.9	35.9

Per centage of the Recovered

Relieved ...

Not Improved ...

Dead... ..

TABLE V.

Showing the Causes of Death during the Year.

CAUSES OF DEATH.	Male.	Female.	TOTAL.
<i>Cerebral or Spinal Diseases.</i>			
Inflammation and other Diseases of the Brain, Softening, &c. ...	16	5	21
Epilepsy	4	1	5
Progressive Paralysis of the In- sane	9	3	12
Maniacal or Melancholic Exhaust- tion	1	2	3
<i>Thoracic Diseases.</i>			
Pulmonary Consumption	6	5	11
Disease of the Heart	5	4	9
Pleuritis	1	0	1
Pneumonia	2	1	3
Abscess in Lung	2	1	3
Rupture of Aortic Aneurism ...	1	0	1
<i>Abdominal Diseases.</i>			
Peritonitis	2	2	4
Cancer of Liver and Intestines...	1	0	1
Exhaustion from Lumbar Abscess	1	0	1
<i>Other Diseases.</i>			
Decay of Old Age	0	3	3
TOTAL	51	27	78

TABLE VI.

*Showing the Length of Residence of those Discharged Recovered,
and in those who have Died during the Year 1882.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	Males.	Females.	TOTAL.	Males.	Females.	TOTAL.
Under 1 month.....	4	2	6	6	3	9
From 1 to 3 months	12	13	25	7	2	9
„ 3 „ 6 „	15	18	33	3	4	7
„ 6 „ 9 „	2	13	15	6	1	7
„ 9 „ 12 „	5	9	14	2	3	5
„ 1 „ 2 years	3	11	14	7	2	9
„ 2 „ 3 „	2	1	3	1	...	1
„ 3 „ 5 „	1	1	3	5	8
„ 5 „ 7 „	1	1	5	3	8
„ 7 „ 10 „	1	1	3	...	3
„ 10 „ 15 „	2	1	3
„ 15 „ 20 „	1	1	2
„ 20 „ 25 „	5	2	7
TOTAL	43	70	113	51	27	78

TABLE VII.

Showing the Duration of the Disorder on Admissions, Discharges, and Deaths during the Year 1882.

Duration of Disease on Admission in Four Classes.												
CLASS.	The Admissions.			The Discharges.					The Deaths.			
	Male.	Female.	TOTAL.	Recovered.		Removed, Relieved, or otherwise.			Male.	Female.	TOTAL.	
				Male.	Female.	TOTAL.	Male.	Female.				TOTAL.
FIRST CLASS— First Attack, and within Three Months on Admission ...	49	36	85	15	28	43	4	9	13	16	12	28
SECOND CLASS— First Attack, above Three and within Twelve Months on Admission.....	12	17	29	6	6	12	...	4	4	5	...	5
THIRD CLASS— Not First Attack, and within Twelve Months on Admission ..	32	38	70	17	28	45	4	9	13	11	11	22
FOURTH CLASS— First Attack or not, but of more than Twelve Months on Admission.....	15	11	26	1	5	6	2	3	5	14	2	16
Not Ascertained	7	5	12	4	3	7	2	1	3	5	2	7
TOTAL	115	107	222	43	70	113	12	26	38	51	27	78

TABLE VIII.

Showing the Ages of the Admissions, Discharges, and Deaths during the Year 1882.

AGES.	The Admissions.			The Discharges.						The Deaths.		
	Male.	Female.	TOTAL.	Recovered.			Removed, Relieved, or otherwise.			Male.	Female.	TOTAL.
				Male.	Female.	TOTAL.	Male.	Female.	TOTAL.			
From 5 to 9 years
" 10 " 14 "	1	...	1
" 15 " 19 "	10	2	12
" 20 " 29 "	23	21	44	3	13	16	1	2	3	2	...	2
" 30 " 39 "	32	21	53	12	16	28	6	5	11	2	2	4
" 40 " 49 "	21	29	50	10	20	30	2	3	5	7	5	12
" 50 " 59 "	10	15	25	5	12	17	1	5	6	11	8	19
" 60 " 69 "	10	12	22	5	5	10	2	8	10	9	3	12
" 70 " 79 "	7	3	10	6	5	11	...	3	3	10	5	15
" 80 " 89 "	1	1	1	...	1	8	4	12
" 90 and upwards	2	...	2
" Not Ascertained	1	3	4	1	1	2
TOTAL.....	115	107	222	43	70	113	12	26	38	51	27	78

TABLE IX.

Condition as to Marriage in the Admissions, Discharges, and Deaths in the Year 1882.

Condition in reference to Marriage.	The Admissions.			The Discharges.				The Deaths.		
	Male.	Female.	TOTAL.	Recovered.		Removed, Relieved, or otherwise.		Male.	Female.	TOTAL.
				Male.	Female.	TOTAL.	Male.	Female.	Female.	TOTAL.
Single	49	36	85	17	27	44	8	15	8	22
Married	54	50	104	23	31	54	4	5	14	41
Widowed	9	18	27	1	11	12	...	6	4	11
Not Ascertained	3	3	6	2	1	3	1	4
TOTAL.....	115	107	222	43	70	113	12	26	27	78

TABLE X.

Showing the Probable Causes, Apparent or Assigned, of the Disorders in the Admissions, Discharges, and Deaths of the Year.

CAUSES.	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Removed, Relieved, or otherwise.					
	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.
MORAL.												
Religion... ..	6	6	12	1	5	6	1	1	2
Family and Business Troubles	10	13	23	4	11	15	...	2	2	3	1	4
Love... ..	1	4	5	1	...	1	...	1	1
Fright	3	1	4	...	1	1
Grief	2	5	7	1	1	2	1	1
Jealousy	1	1	2	...	1	1
PHYSICAL.												
Privation	1	1
Weakness	3	5	8	3	4	7	...	1	1	...	3	3
Climacteric	3	3	...	1	1
Intemperance	16	13	29	10	7	17	2	4	6	10	6	16
Paralysis	2	1	3	1	...	1	1	...	1
Disease of the Brain	1	...	1
Injury to Head	6	...	6	1	...	1	...	2	2	1	...	1
Puerperal State	3	3	...	5	5
Epilepsy... ..	13	5	18	...	2	2	1	3	4	6	1	7
Hereditary Tendency	14	15	29	10	9	19	1	5	6	5	1	6
Overwork	1	3	4	1	1
Sunstroke	4	...	4	1	...	1	1	...	1
Old Age	2	1	3	3	4	7
Congenital	3	...	3	2	1	3
Functional Irregularity	1	1	2	2	...	1	1
Not Ascertained	27	26	53	11	23	34	4	4	8	21	8	29
TOTALS	115	107	222	43	70	113	12	26	38	51	27	78

TABLE XI.

Patients' Daily State and Employment.

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.				Daily No. of Patients Employed.
<i>Male Patients.</i>				
Working Party.	{	With the Gardener and Out-door Attendants		82
		With the Farm Attendants		26
		With the Cowman		4
With the		Carpenter		3
„		Bricklayer		2
„		Upholsterer		3
„		Basketmaker		3
„		Tailor... ..		12
„		Shoemaker		12
„		Matmaker... ..		14
„		Painter		8
„		Engineer		3
„		Baker		4
„		House Attendant		4
„		Bath		8
In the Dining Hall				9
„		Storekeeper's Stores... ..		4
„		Wards (Cleaning)		89
<i>Daily Number Employed</i>				290
<i>Female Patients.</i>				
In Laundry and Wash-house				62
„ Kitchen				10
„ Dining Hall... ..				12
„ Wards, &c. (Cleaning)				50
„ „ (Needlework)				260
„ Vegetable Room... ..				10
<i>Daily Number Employed</i>				404
ATTENDANCE AT—				
„	Sunday Divine Service	280	396	676
„	Week-day „	249	362	611
„	School	64	60	124
„	Weekly Ball... ..	130	130	260
„	Other Entertainments	150	160	310
Walk about Grounds		86	267	353
„ beyond „		80	80	160
„ on Terraces		90	300	390
NIGHT REPORT.				
Number of Wet Cases		6	5	11
„ Dirty „		1	2	3
„ Noisy (at Night)		7	10	17
<i>Average Number Resident } (Mean Annual Population) }</i>		360	475	835

TABLE XII.
THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£1000	} Furnished House, Coals, Vegetables, and Laundry.
Chaplain	250	
Clerk to Visitors	150	} None.
Clerk of Asylum	250	
Senior Assistant Medical Officer ...	200	} Lodging, Board, Washing, and Attendance.
Junior Assistant Medical Officer ...	100	
Housekeeper	60	
Head Attendant (Female)	90	
Female Assistant Officer	32	} House and Gas.
Storekeeper	150	
Head Attendant (Male)	105	House, Coals, Vegetables, and Gas.

ATTENDANTS AND SERVANTS.

1	Male Attendant (Night)	...	66	0	0	} None.					
1	Ditto	ditto	59	0	0						
1	Ditto	ditto	57	0	0						
1	Ditto	ditto	56	0	0						
1	Organist and Schoolmaster		52	0	0	} Dinner Daily.					
1	Office Clerk	31	4	0						
Board, Lodging, and Washing :—											
1	Male Attendant (Dining					1	Seamstress	...	25	0	0
	Hall)	...	40	0	0	1	Head Laundry Maid	...	27	0	0
5	Ditto	...	40	0	0	1	Laundry Maid	...	20	0	0
1	Ditto	...	39	0	0	1	Ditto	...	18	0	0
1	Ditto	...	37	0	0	1	Ditto	...	17	0	0
2	Ditto	...	36	0	0	1	Hall Porter	...	40	0	0
1	Ditto	...	33	0	0	1	Man Cook	...	44	0	0
1	Ditto	...	32	0	0	1	Dairy Maid	...	18	0	0
1	Ditto	...	31	0	0	1	Kitchen Maid	...	17	0	0
1	Ditto	...	30	0	0	1	Vegetable Room Maid	...	14	0	0
1	Ditto	...	28	0	0	2	Housemaids	...	15	0	0
4	Ditto	...	27	0	0	1	Ditto	...	14	0	0
3	Ditto	...	26	0	0	1	Farm Attendant	...	34	0	0
1	Female Attendant (Night)		28	0	0	1	Ditto	...	27	0	0
1	Ditto	ditto	22	0	0	1	House Attendant	...	36	0	0
1	Ditto	ditto	20	0	0	1	Bath ditto	...	32	0	0
1	Ditto	ditto	19	0	0						
1	Ditto	ditto	18	0	0						
1	Ditto (Dining Hall)		21	0	0						
3	Ditto	...	30	0	0						
1	Ditto	...	25	0	0						
1	Ditto	...	22	0	0						
3	Ditto	...	21	0	0						
4	Ditto	...	20	0	0						
3	Ditto	...	19	0	0						
2	Ditto	...	18	0	0						
3	Ditto	...	17	0	0						
5	Ditto	...	16	0	0						
							House, Coals, Vegetables, &c.				
							per Week.				
						1	Engineer	...	1	18	0
						1	Bailiff	...	1	5	0
						1	Gardener	...	1	4	0
						1	Blacksmith (House & Gas)		1	6	0
						1	Front Ground Labourer	...	0	18	6

per Week.				per Week.			
Tailor	1	4	0	Bricklayer's Labourer ...	1	0	0
Shoemaker	1	6	0	Painter and Glazier ...	1	11	0
Matmaker	1	6	0	Stoker	1	1	0
Basketmaker	1	4	0	Ditto	0	19	0
Upholsterer	1	12	0	Cowman	1	0	0
Baker	1	8	2	Under Cowman	0	17	0
Butcher	1	5	0	Two Carters	0	19	0
Under Garden Attendant ...	1	1	0	Stock Man	0	17	0
Carpenter	1	11	0	House Carter	1	0	0
Bricklayer	1	11	0	<i>January 1st, 1883.</i>			

TABLE XIII.

Contract Prices of the Principal Articles of Consumption for the Year 1882.

ARTICLES.	QUARTERS ENDING			
	March.	June.	September.	December.
Beef from Farm.....	£ s. d. 0 5 8	£ s. d. 0 6 0	£ s. d. 0 6 4	£ s. d. 0 5 10
Mutton ".....	0 8 0	0 6 8	0 6 6	0 6 8
Flour—Households	1 16 5	1 15 6	1 15 0	1 11 0
Seconds	1 13 11	1 13 6	1 13 0	1 9 0
Meal	1 10 0	1 10 0	1 10 0	1 6 0
Ale—X	1 1 0	1 1 0	1 1 0	1 1 0
—XX	1 10 0	1 10 0	1 10 0	1 10 0
Cheese	3 2 0	2 16 0	2 16 0	2 10 0
Butter	5 12 0	4 12 0	4 12 0	4 18 0
Bacon.....	3 17 0	3 15 0	3 15 0	3 16 0
Sugar—Raw	1 3 0	1 3 0	1 3 0	1 0 9
Refined.....	1 10 0	1 11 6	1 11 6	1 11 6
Treacle	0 14 0	0 13 0	0 13 0	0 12 6
Soap—Yellow	1 9 6	1 9 10	1 9 10	1 10 9
Soft.....	0 12 6	0 12 6	0 12 6	0 11 6
Coals—Steam	0 18 9	0 18 9	0 17 6	0 17 6
House	0 18 6	0 18 6	0 17 4½	0 17 4½
Coke	0 8 3	0 8 3	0 8 0	0 8 0
Chaldron				

TABLE XIV.
DIET SCALE.

		DINNER at 1.0 P.M.										SUPPER at 6.0 P.M.																	
BREAKFAST At 8.0 A.M.		Males.						Females.						Males.				Females.											
		Males.		Females.				Males.		Females.				Sweet Cake or		Coffee.		Sweet Cake or		Butter.		Tea.							
		Bread.	Cocoa.	Bread.	Butter.	Coffee.		Uncooked Meat.	Meat Pudding.	Suet Pudding.	Mutton Broth or Pea Soup.	Plum Dumpling	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Mutton Broth or Pea Soup.	Meat Stew.	Vegetables.	Bread.	Butter.	Sweet Cake	Bread.	Butter.	Sweet Cake	oz.	pt.
Sunday	6	1	5	1	1	1	6	...	12	16	2	$\frac{1}{2}$	8	12	2	$\frac{1}{2}$	6	5	...	1	1
Monday	6	1	5	$\frac{2}{3}$	1	1	4	1	...	8	2	$\frac{1}{2}$	4	12	2	$\frac{2}{3}$	6	5	...	1	1
Tuesday	6	1	5	$\frac{2}{3}$	1	1	4	12	4	$\frac{1}{2}$	4	1	12	2	$\frac{1}{2}$	6	5	...	1	1	
Wednesday	6	1	5	$\frac{2}{3}$	1	1	16	...	2	$\frac{1}{2}$	4	...	12	12	4	$\frac{1}{2}$	6	5	...	1	1
Thursday	6	1	5	$\frac{2}{3}$	1	1	4	16	2	$\frac{1}{2}$	12	12	4	$\frac{1}{2}$	6	5	...	1	1
Friday	6	1	5	$\frac{2}{3}$	1	1	4	12	12	4	$\frac{1}{2}$	4	1	...	8	6	$\frac{1}{2}$	6	5	...	1	1	
Saturday	6	1	5	$\frac{2}{3}$	1	1	4	1	...	8	2	$\frac{1}{2}$	4	8	12	2	$\frac{1}{2}$	6	5	...	1	1	
Weekly Total		42	7	35	2 $\frac{2}{3}$	7		30	24	12	2	16	72	20	3 $\frac{1}{2}$	28	8	12	1	2	68		3 $\frac{1}{2}$	42	35	2 $\frac{2}{3}$	7	7	

TABLE XIV.—Continued.

DINNER.

	Male Patients.	Female Patients.		Male Patients.	Female Patients.
Sunday ...	Bacon and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	Thursday ...	Roast Meat or Pickled Pork.	Plum Pudding and Treacle Sauce.
Monday ...	Mutton Broth or Bread and Cheese (3oz).	Pork and Vegetables.	Friday ...	Meat Pudding.	Mutton Broth or Irish Stew
Tuesday ...	Meat Pudding.	Meat Stew.	Saturday ...	Irish Stew.	Meat Pudding or Bacon, 4oz., with Suet Pudding, 8oz.
Wednesday ...	Plum Dumpling and Treacle Sauce.	Meat Stew.			
<p><i>Bread, Beer, and Vegetables Daily.</i> <i>When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.</i></p>					

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread, with Butter, and $\frac{1}{2}$ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, $\frac{3}{4}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily; 2oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, $\frac{1}{2}$ lb. Butter, 1lb. Cheese weekly. $\frac{1}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.— $3\frac{1}{4}$ lbs. Cocoa, $6\frac{1}{2}$ lbs. Treacle, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto $1\frac{1}{2}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, 5lbs. Treacle, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Mutton Broth Ditto { The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 3lbs. Scotch Barley, Oatmeal; Rice, 10lbs. Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie Ditto Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

Meat Pudding Ditto 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

Meat Stew Ditto 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice and Barley.

Plum Pudding, 100lbs. weight.—Flour, $46\frac{1}{2}$ lbs.; Suet, $6\frac{1}{2}$ lbs.; Raisins, $7\frac{1}{2}$ lbs.

(Signed) S. W. D. WILLIAMS, M.D.,
Medical Superintendent.

HAYWARDS HEATH, 31st December, 1882.

